



BLESSED TERESA OF CALCUTTA

JANUARY 2022



*= Baked

WG=Whole Grain Ingredients

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
NO SCHOOL 	NO SCHOOL	<u>PLATE LUNCH</u> Chicken Nuggets Green Beans with margarine Pears, Diced Lt Syrup Animal Crackers Skim Milk 1C  <u>SALAD OF THE DAY</u> BLT Salad	<u>PLATE LUNCH</u> Deli Sub on WG bun Baked Beans Fresh Fruit/Seasonal Skim Milk 1C Graham Cracker <u>SALAD OF THE DAY</u> Taco Salad	<u>PLATE LUNCH</u> Fish Nuggets Carrots/margarine  Celery Sticks Peaches Skim Milk 1C Lt. Ranch <u>SALAD OF THE DAY</u> Chef Salad
10	11	12	13	14
<u>PLATE LUNCH</u> Grilled Hamburger on Bun WG Oven Roasted New Potatoes Pineapple Chunks Catsup Skim Milk 1C  <u>NO SALAD OF THE DAY</u>	<u>PLATE LUNCH</u> Chicken Strips WG Breaded BBQ Sauce Pork and Beans Seasonal Fruit Skim Milk 1C <u>SALAD OF THE DAY</u> Buffalo Chicken Salad	<u>PLATE LUNCH</u> Mostaccioli Meat Sauce Green Beans with Margarine Jell-O with Peaches WG Roll/margarine Skim Milk 1C <u>SALAD OF THE DAY</u> BLT Salad	<u>PLATE LUNCH</u> Chicken Patty Broccoli, fresh with margarine Fresh Fruit Chocolate Teddy Grahams Skim Milk 1C  <u>SALAD OF THE DAY</u> Taco Salad	11:00 A.M. DISMISSAL NO FOOD SERVICES
17	18	19	20	21
 	<u>PLATE LUNCH</u> Sock-Rockin' Chili Carrot Sticks w/Lite Ranch WG Roll/Margarine Pineapple Chunks Skim Milk 1C <u>SALAD OF THE DAY</u> Buffalo Chicken Salad	<u>PLATE LUNCH</u>  Turkey Corn Dog w/Catsup Spinach with Margarine Fresh Fruit/Seasonal Animal Crackers Skim Milk 1C <u>SALAD OF THE DAY</u> BLT Salad	<u>PLATE LUNCH</u> Finger-Lickin' Chicken Corn, seasoned, with margarine Baked Beans  Fresh Fruit/Seasonal Skim Milk 1C <u>SALAD OF THE DAY</u> Taco Salad	<u>PLATE LUNCH</u> Mac and Cheese Green Beans Roll, WG  Mixed Fruit Skim Milk 1C <u>SALAD OF THE DAY</u> Chef Salad
24	25	26	27	28
 <u>PLATE LUNCH</u> Macho Nachos Fiesta Beans Ch Broccoli w/Lite Ranch Mandarin Oranges Skim Milk 1C <u>NO SALAD OF THE DAY</u>	 <u>PLATE LUNCH</u> All-Beef Hot Dog on WG Bun Mustard Prince Edward Vegetables Seasonal Fruit Skim Milk 1C <u>SALAD OF THE DAY</u> Buffalo Chicken Salad	 <u>PLATE LUNCH</u> Grilled Hamburger on WG Bun Lettuce & Tomato Catsup Seasoned Corn w/Margarine Fresh Fruit/Seasonal Skim Milk 1C <u>SALAD OF THE DAY</u> BLT Salad	<u>PLATE LUNCH</u> Boneless Chicken Drumsticks Homemade Mashed Potatoes/Gravy Green Beans with Margarine Chilled Applesauce Slice White or Wheat Bread Skim Milk 1C <u>SALAD OF THE DAY</u> Taco Salad	PIZZA LUNCH NO FSC SERVICE
31				
<u>PLATE LUNCH</u> Chicken Fettuccine Green Peas WG Roll/Margarine Fresh Fruit/Seasonal Skim Milk 1C <u>NO SALAD OF THE DAY</u>				

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STUDENT LUNCHES ARE \$2.75 & INCLUDE ONE MILK. ADULT LUNCHES ARE \$3.25 EXTRA MILK MAY BE PURCHASED-40 CENTS. LIMIT 2 MILKS PER CHILD.

Lunches meet 1/3 USDA Daily Nutritional Needs.



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