










BLESSED TERESA OF CALCUTTA

NOVEMBER 2021



*= Baked

WG=Whole Grain Ingredients

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
PLATE LUNCH Chicken Fettuccine Green Peas WG Roll/Margarine Fresh Fruit/Seasonal Milk  <u>SALAD OF THE DAY</u> NOT AVAILABLE	PLATE LUNCH Taco Salad with Beef Fiesta Beans Fresh Fruit/Seasonal Milk <u>SALAD OF THE DAY</u> Buffalo Chicken Salad	PLATE LUNCH WG Hot & Spicy Chicken Patty on WG Bun Carrots, margarine Fruit Cocktail WG Annie's Crackers Milk <u>SALAD OF THE DAY</u> BLT Salad	PLATE LUNCH Home-Roasted Turkey Breast Roasted Sweet Potatoes Green Beans with Margarine Slice WG Bread with Margarine Fresh Fruit/Seasonal Milk <u>SALAD OF THE DAY</u> Taco Salad	
8	9	10	11	12
PLATE LUNCH Chicken Drumsticks Romaine Salad/Lt. Dressing Green Beans Slice of WG Bread Chilled Fruit Milk <u>SALAD OF THE DAY</u> NOT AVAILABLE	PLATE LUNCH Sloppy Joe on a Roll Corn on the Cob Jell-O with Fruit Margarine Milk <u>SALAD OF THE DAY</u> Buffalo Chicken Salad	PLATE LUNCH WG Popcorn Chicken Oven Roasted Potatoes Carrots Catsup Fresh Fruit/Seasonal WG Roll/margarine Milk <u>SALAD OF THE DAY</u> BLT Salad	PLATE LUNCH Santa Fe Wrap Fiesta Beans Chilled Fruit Lettuce, Tomato Milk <u>SALAD OF THE DAY</u> Taco Salad	PLATE LUNCH Grilled Cheese Sandwich Fresh Broccoli with Margarine Fresh Fruit/Seasonal Cinnamon Teddy Grahams Milk <u>SALAD OF THE DAY</u> Chef Salad
15	16	17	18	19
PLATE LUNCH Chicken Patty, baked/WG Bun Cowboy Corn Salad Fresh Fruit/Seasonal Annie's Crackers Mayo, Lt. Milk <u>SALAD OF THE DAY</u> NOT AVAILABLE	PLATE LUNCH Sweet Sesame Chicken Stir Fry Steamed Rice Green Beans WG Roll/Margarine Fresh Fruit/Seasonal Milk <u>SALAD OF THE DAY</u> Buffalo Chicken Salad	PLATE LUNCH Turkey Sandwich on Whole Grain Bread/Lt. Mayo Fresh Broccoli/Lt. Ranch Lettuce & Tomato Fresh Fruit/Seasonal Milk <u>SALAD OF THE DAY</u> BLT Salad	PLATE LUNCH Finger-Lickin' Chicken Corn, seasoned, with margarine Baked Beans WG Bread/Margarine Chilled Fruit Milk <u>SALAD OF THE DAY</u> Taco Salad	PLATE LUNCH Beef and Bean Burrito Tossed Romaine Salad Dressing, Lite Italian Carrot Sticks Fresh Fruit/Seasonal Milk <u>SALAD OF THE DAY</u> Chef Salad
22	23	24	25	26
PLATE LUNCH BBQ Chicken Baked Cinnamon Apples Green Peas BBQ Sauce WG Roll/Margarine Milk <u>SALAD OF THE DAY</u> NOT AVAILABLE	PLATE LUNCH Toasted Beef Ravioli Homemade Spaghetti Sauce with meat Greens with Orange Sunshine Dressing Seasoned Corn with Margarine Fresh Fruit/Seasonal Milk <u>SALAD OF THE DAY</u> Buffalo Chicken Salad	 		 
29	30			
PLATE LUNCH Grilled Hamburger on Bun WG Oven Roasted New Potatoes Pineapple Chunks Catsup Milk <u>SALAD OF THE DAY</u> NOT AVAILABLE	PLATE LUNCH Chicken Strips WG Breaded BBQ Sauce Pork and Beans Seasonal Fruit Annie's WG Crackers Milk <u>SALAD OF THE DAY</u> Buffalo Chicken Salad			

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STUDENT LUNCHES ARE \$2.75 & INCLUDE ONE MILK. ADULT LUNCHES ARE \$3.25 EXTRA MILK MAY BE PURCHASED-40 CENTS. LIMIT 2 MILKS PER CHILD.

Lunches meet 1/3 USDA Daily Nutritional Needs.



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